

Saturday 2:30-4

CVP Case Studies: A resident-led learning event

Join us for an informative, interactive, and exceptional learning session exploring the role of CVP residents in the care of cardiopulmonary patients. This session will expand your knowledge of resident learning, challenge your own clinical reasoning, and explore areas of our practice through case study applications. The session will include a brief introduction to CVP residency, two interactive case presentations, and an open panel discussion about what it means to do residency and how residency can help facilitate the growth of a clinician into a CVP Specialist.

Speaker: Kate Abbott, PT, DPT; 2024 residency graduate from University of Utah Cardiopulmonary PT Residency

Case Title: Rehabilitation Following a Triple Organ Transplant

This case will discuss rehabilitation following a triple organ transplant that took place at the University of Utah Health. We will follow a heart, liver, and kidney transplant through their ICU stay and briefly discuss therapy in the step-down unit. Various considerations such as CRRT, mechanical ventilation, hemodynamic instability, kinesiophobia, and overall management of the medically complex patient are discussed.

Speaker: Chané van Straaten, PT, DPT; 2024 Residency Graduate, Ohio State and Wexner Medical Center Cardiopulmonary PT Residency

Case Title: Life and Breath after a Bilateral Lung Transplant; Optimizing Recovery

This case study will discuss the journey of a double lung transplant candidate in the acute care setting and follow-up sessions in the outpatient setting. Furthermore, it will explore the benefits of inspiratory muscle training in conjunction with functional mobility training and standard breathing exercises in order to assist with anxiety levels, self-perceived shortness of breath, and quality of life. This case was chosen due to the recognition of significant pre and post-double lung transplant anxiety seen in the lung transplant population which often leads to limited participation + progression in therapy. The presenter will discuss the patient's medical diagnoses, the timeline of care, the interventions implemented, and the outcome measures used during the patient's plan of care. The case presentation will additionally allow for audience interaction and sharing of clinical opinions. Come ready to share your knowledge and experiences.